

CURRICULUM VITAE

Name : SHAILENDRA RAJ ADHIKARI
Date of Birth : 13-03-1971
Address : Chitwan School of Medical Sciences
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Academic Qualification:

S.No.	Degree	Name of Institution	Passed Year	Division
1	S.L.C	Gurkha MA VI, Hong Kong	1987	1 st
2	I.Sc.	Siddhartha Vanasthali Campus, Nepal	1990	1 st
3	M.B.B.S	Institute of Medicine, Maharajgunj, Nepal	1998	
4.	M.D.	Institute of Medicine, Maharajgunj, Nepal	2004	

Working Experiences:

Medical Officer

1. BPKIHS, Dharan (1999 Sep. to 2000 Aug.)
2. KMCTH, Sinamangal (2000 Nov. to 2001 April)

Residency (Psychiatry): 2001 May to 2004 August IOM, Maharajgunj

Lecturer (Psychiatry): 2004 August to 2009 December KMCTH, Sinamangal.

Associate Professor (Psychiatry): January 2010 to January 14, 2015
at Chitwan School of Medical Sciences, Bharatpur-10, Chitwan

Professor (Psychiatry): January 15, 2015 onwards

Publications:

AS FIRST AUTHOR

- NPH Presenting With Psychotic Symptoms in an Immunocompromised Patient. Nepalese Journal of Psychiatry, 2001, No.1, Vol. 2; pp69-71. (CASE REPORT)
- Mental Illness and Stigma. Kathmandu University Medical Journal (2007), Vol. 5, No. 3, Issue 19, 293-294 (EDITORIAL)
- Prevalence of Emotional and Behavioral Problems among School Going Children. Nepalese Journal of Psychiatry, 2004, 4(1) pp1-11.
- Diagnostic Variability and Therapeutic Efficacy of ECT in Nepalese Sample. Kathmandu University Medical Journal. Vol. 6, No.1, Issue 21, Jan- Mar, 2008.
- Experiencing stigma: Nepalese perspectives. KUMJ. Vol. 6, No.4, Issue 24, Oct-Dec, 2008.

Adolescence Communication: an experience from Nepal. Journal of Chitwan Medical College (JCMC). Vol.1, No.1, Issue 1, May-August, 2010.

Evidences of stress and its consequences among Nepalese adolescents. Health Renaissance 2013; Vol. 11 No.1; 11-16.

Electroconvulsive Therapy in First Episode Schizophrenia – Experiences from Nepal. J Psychiatrists' Association of Nepal Volume 3, No.1, 2014

ECT in mood disorders. Journal of Chitwan Medical College 2014; 4(10):19-23.

Stigma in Mental Illness: Relative's Perspective, J PAN Vol .3, No.2, 2014

AS A CO- AUTHOR

- Socio-demographic Characteristics and Diagnostic Profile of patients Admitted in Psychiatric ward of TUTH. NJP, 2001, No.1, Vol.2; pp13-18.
- An open, randomized, comparative study of efficacy and safety of risperidone and haloperidol in schizophrenia. KUMJ.Vol. 4, No. 2, Issue 14,2006.
- A comparative study of esmolol and labetalol to attenuate hemodynamic responses after electroconvulsive therapy. KUMJ. Vol. 5, No. 3, Issue 19, 2007.
- A prospective study of co-morbidity of alcohol and depression. KUMJ. Vol. 6, No. 3, Issue 23, 2008.
- A study of severity of intention of suicide in various psychiatric diagnoses. KUMJ. Vol. 7, No. 1, Issue 25, Jan-Mar 2009.
- Pathways to Mental Health Care in Bangladesh, India, Japan, Mongolia, and Nepal. December 2010 Asia Pac J Public Health.

Conference Attendance and Paper Presentations:

- March 8, 2002, Kathmandu, Nepal. Behavioral Problems in High School Students : At Nepal Pediatric Association (NEPAS) Conference (Oral Paper)
- December 2-4, 2005, Agra, India. Status of mental health professional in South East Asia "World wide Mapping Project: At 1st SAARC Psychiatric Federation (SPF) Conference (Oral Paper)
- March 2-4, 2005, Kathmandu, Nepal. Psychiatry Morbidity in School Going Adolescents: At Nepal Medical Association (NMA) Conference (Oral Paper)
- March 8, 2006, Kathmandu, Nepal. Role of teachers in detecting emotional and behavioral problems(EBP)in children: At Psychiatrists Association of Nepal (PAN) Conference (Oral Paper)
- November 17-19, 2006 Kathmandu, Nepal. Role of teachers in detecting emotional and behavioral problems (EBP) in children: At 2nd SAARC Psychiatric Federation (SPF) Conference (Oral Paper)
- February 15-19, 2007, Lahore, Pakistan. Diagnostic variability and therapeutic efficacy of ECT in Nepalese population: At 1ST International Conference of WPA Section on Psychiatry in Developing

Countries (Poster)

August 2-5, 2007, Goa, India. First World Conference of South Asia Forum for Psychiatry and Mental Health-International (SAF-I) (Poster)

National CME of PAN November 29-30, 2007, Dharan, Nepal.

10th Annual National Dementia Conference (14th & 15th February, 2008) and Dementia Trainings. February 10-18, 2008, London, UK.

CME on Child and Adolescent Psychiatry on Kathmandu, Nepal, 7-8 August, 2008. Facilitator- Syed S A Naqvi MD

Attendance of 13th PRCP and Pre- PRCP FPADP October 28-November 2, 2008 at Tokyo, Japan (Oral and Symposium)

Second Child & Adolescent Skill Training program July 20-25, 2009, Mumbai, India (Organized by WPA section on Psychiatry in Developing Countries, WPA Zone 16)

Attendance of 2nd WCAP Conference November 7- November 10, 2009 at Taipei. (Oral and Poster)

Attendance of 62nd ANCIPS Conference 17th to 20th January, 2010 at Jaipur, India along with 1st Annual Conference of Indo Global Psychiatric Initiative (15th & 16th January, 2010 (Oral and Poster)

Attendance of 63rd ANCIPS Conference 16th to 19th January, 2011 at Delhi, India along with 2nd Annual Conference of IGPI (14th & 15th January, 2011) (Oral and Poster)

Attendance of 13th International Congress of IFPE at Kaohsiung, Taiwan (March 30-April 2, 2011) (Oral and Poster)

Attendance of 107th JSPN (Japanese Society of Psychiatry & Neurology) with paper presentation in "international symposium" at Tokyo, Japan (26th & 27th October 2011)

Attendance of International conference on Schizophrenia (ICON V) at Chennai, India, 21-23 September, 2012.

Attendance of 15th PRCP at Seoul, Korea (October 25-27, 2012) (Poster)

Attendance of Psychiatrists' Association of Nepal (PAN) conference in Pokhara, Nepal (April 12-13, 2013) (Oral)

Attendance of 9th Annual conference of Indian Association for Geriatric Mental Health "GERON 2013" Lucknow, India (August 19-20, 2013) (Symposium presentation and co-chairing of the session)

Attendance of 7th Congress of Asian Society for Child & Adolescent Psychiatry & Allied Profession and 12th National Biennial Conference of Indian Association for Child & Adolescent Mental Health. New Delhi, India (September 25-28, 2013)

Attendance of 7th SAARC Psychiatric Federation (SPF) Conference, Mysore, India (November 29-December 1, 2013) (Symposium Paper)

Attendance of PAN National CME at Sauraha, Chitwan, Nepal (7-8 March, 2014).

Attendance of International conference on Schizophrenia (ICON 6) at Chennai, India ,21-23 August, 2014.

Attendance of 8th SAARC Psychiatric Federation (SPF) Conference at Lumbini, Nepal (November 27-29, 2014) (Oral Paper=2)

Attendance of 67nd ANCIPS Conference 8-11 January, 2015 at Hyderabad, India

11) CME Presentation:

ARIPIPRAZOLE: An Update (Feb, 13 2007, Kathmandu, Nepal organized by PAN)

ESCITALOPRAM: An Update (Sept 29 2007, Kathmandu, Nepal organized by SAF-Nepal)

SYNAPSE Up-date September 2013, Kathmandu, Nepal
Presentation on "Classification of dementia and related disorders"

Member:

Nepal Medical Council (NMC) Registration no. – 2676

NMC Specialist Registration no. - 442

Nepal Medical Association (NMA) Life Member no. – 2223/L-1549

Psychiatrist's Association of Nepal (PAN)

South Asia Forum for Psychiatry and Mental Health- Nepal Chapter
(SAF-Nepal) – Joint Secretary.

Nepalese Association for Social Psychiatry (NASP) – General Secretary